

Giving Patients Greater Control

To Help Everyone's Patient Portal gives you greater control of your healthcare. Through the Patient Portal, patients can:

- ✓ Send questions to your provider
- ✓ Access medical records
- ✓ Request appointments
- ✓ Request referrals
- ✓ Refill most prescriptions
- ✓ Check lab results
- ✓ Update personal information



www.ToHelpEveryone.org

Locations

Western Site

3834 S. Western Ave.
Los Angeles, CA 90062
(323) 730-1920

Clinic Hours:

Monday - Thursday
7:00 am - 7:00 pm
Friday 7:00 am - 5:00 pm
Saturday 9:00 am - 1:00 pm

Lennox Site

10223 Firmona Ave.
Lennox, CA 90304
(323) 730-1920

Clinic Hours:

Monday 8:00 am - 5:00 pm
Wednesday 8:00 am - 5:00 pm
Thursday 1:30 pm - 5:00 pm
(Closed every 4th Thursday)
Friday 1:30 am - 5:00 pm

Office Hours:

Tuesday 8:00 am - 5:00 pm
Thursday 8:00 am - 12:00 pm
(Closed every 4th Thursday)
Friday 8:00 am - 12:00 pm

Dental Hours:

Thursday 8:00 am - 12:00 pm
(Closed every 4th Thursday)

Lennox/Hawthorne Site

- Coming Soon!

10321 Hawthorne Blvd.
Lennox, CA 90304
(323) 730-1920

Mobile Unit:

For information on where our mobile unit is each day, call (323) 730-1920, ext. 3072 or visit: www.ToHelpEveryone.org

Crenshaw High School Site

5010 11th Avenue
Los Angeles, CA 90043
(323) 730-1920

Clinic Hours:

Monday 8:00 am - 5:00 pm
Wednesday 8:00 am - 5:00 pm
Thursday 8:00 am - 12:00 pm
(Closed every 4th Thursday)

La Brea Site

3721 S. La Brea Ave.
Los Angeles, CA 90016
(323) 730-1920

Clinic Hours:

Tuesday 8:00 am - 5:00 pm
Wednesday 8:00 am - 5:00 pm
Thursday 1:30 pm - 5:30 pm
(Closed every 4th Thursday)

Dental Hours:

Tuesday 8:00 am - 5:00 pm (Adult)
Thursday 1:30 pm - 5:30 pm (Pediatrics)

Dorsey High School Site

3537 Farmdale Ave.
Los Angeles, CA 90016
(323) 730-1920

Clinic Hours:

Monday 8:00 am - 4:00 pm
Friday 8:00 am - 12:00 pm



Patient Services Card

About Us

We believe every person should have access to good health. That is why, for nearly 40 years, To Help Everyone Health and Wellness has been providing high quality, affordable health care to children and adults right here in Los Angeles, **whether or not they are able to pay.**

Our Mission

T.H.E. Health and Wellness Centers improves the health and well-being of the Los Angeles communities we serve by providing excellent and affordable preventive, primary and behavioral health care, accessible to all.

Awards and Recognition

- Gold Seal of Approval® from The Joint Commission
- First in the nation to receive the Primary Care Medical Home (PCMH) designation
- Federal Qualified Health Centers

Stay Connected



If you'd like to make a tax-deductible contribution

Text "BeWell" to 85944 to donate \$10
To Help Everyone (T.H.E.) Health and Wellness Centers
or visit our website to donate online: <http://www.ToHelpEveryone.org>

Preventative Services

Chronic Disease Screening and Treatment
Physical Exams
Health Education
Case Management
Mental Health Screening and Counseling
Sexually Transmitted Infection Testing and Treatment
Nutrition Counseling
Specialty Referrals
HIV/AIDS Screening and Treatment
Rapid HIV Testing



Women's Health Services

Pregnancy Testing
Prenatal Care
Sexually Transmitted Infection Treatment
Mammography and Breast Exams
Pre-pregnancy Counseling
Family Planning

Men's Health Services

Prostate Health Screening
Physical Exams
Family Planning



Dental Services - Coming Soon!

Dental services will soon be offered at the following sites:

Lennox Site: 10223 Firmona Avenue, Lennox, CA 90304

La Brea Site: 3721 S. La Brea Avenue, Los Angeles, CA 90016

Children's Health Services

Well-child Care and Check-Ups
Physical Exams
Sick Visits
Immunizations



Teen Health Services

Health Education
Sexually Transmitted Infection Treatment
Physicals Exams and Sports Physicals
Adolescent Counseling

Support Services

Assistance with Low or No Cost Medications
Counseling (Individual, Group and Family)
AIDS Drug Assistance Program
Resource Referrals
Transportation Assistance
Translation Services
Insurance and Program Enrollment Assistance

Weight-Loss, Wellness and General Health Education

Health Education
General Health Maintenance
HIV and Sexually Transmitted Infection Awareness and Prevention
Diabetes Prevention, Care and Management
Weight Management
Nutrition Education
Mammography Screening
Perinatal and Prenatal Education
Cancer Education

